

## What customers are saying about my products:

*"Your turkey is the best. I hope I never have to buy a turkey from the store again."*  
- Vicki Issen, Iowa City

*"These are the best eggs I have ever had outside of France. The yolks are the most gorgeous orangey-yellow. This is what an egg should taste like!"*  
- Katherine Olivier, Iowa City

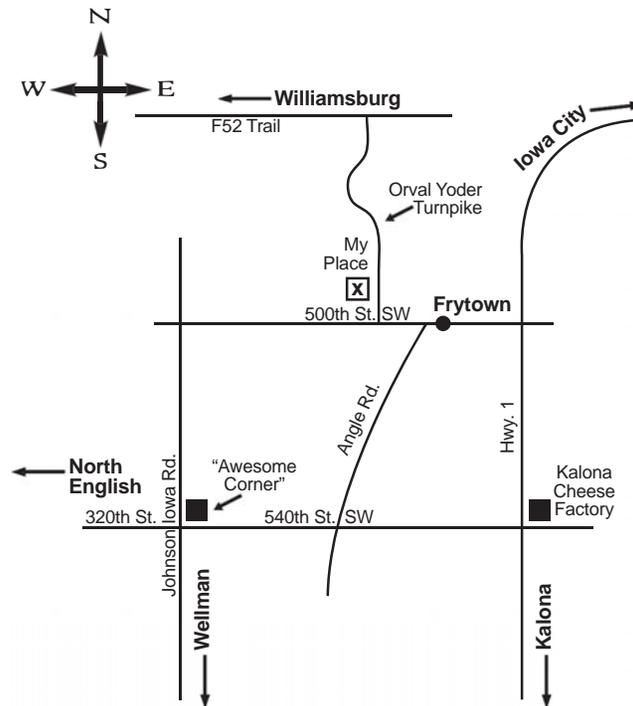
*"We've tried organic chickens, but yours are the best."*  
- Tom Zasadny, Washington

*"My doctor told me to find grass-fed beef because of personal allergies and symptoms I was getting from corn in anything, meat or whatever. I get inflammation when I eat corn or corn-fed meat products. Your steaks are great and tender."*  
- Kathryn Church, Cedar Rapids

*"The best turkey I've ever had in my life. My only regret is I didn't get more than one."*  
- Kitt Boldt, Kalona

*"I cooked a leg of lamb for our new year celebration. It was excellent, best I've ever had."*  
- Kelley Putman, Iowa City

*Come out and experience the farm for yourself and bring the whole family!  
Please call before you come.*



### Distance from:

Wellman, 12 miles

Kalona, 8 miles

Williamsburg, 15 miles

Iowa City, 16 miles

Cedar Rapids, 45 miles

## Galen Bontrager

1840 500th St. SW

Kalona, Iowa 52247

319-683-3199

[www.galenbontragerfarm.com](http://www.galenbontragerfarm.com)

## Galen Bontrager Farm

Your "Beyond Organic" Farm-Food Connection

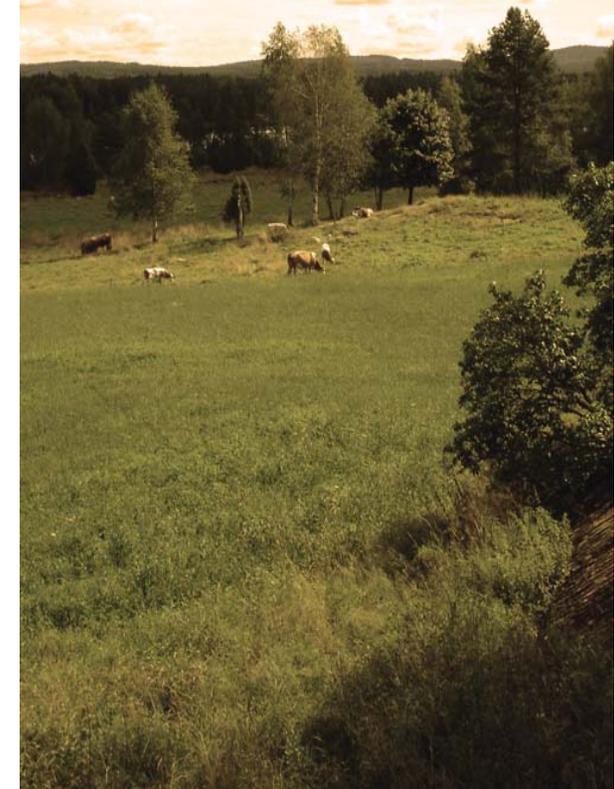
Salad Bar Beef

Salad Bar Lamb

Pastured Broilers

Pastured Turkey

Pastured Eggs



# Producing beef, poultry, and eggs that are:

**Nutritious** - Higher vitamin and mineral contents, less fat, and a healthier balance of Omega-3 to Omega-6 fatty acids.

**Raised Humanely** - Animals enjoy sunshine, exercise, and fresh green grass.

**Tasty!** - Brings back the farm fresh flavors of the good old days. Taste is second to none!

**Customer-Friendly** - Patrons enjoy a relationship with their farmer and a connection to the land.

**Clean** - Land is productive without chemicals and the animals without antibiotics and hormones.



**Family-Friendly** - I have an open door policy. Bring your children to see firsthand the who, what, when, where, why, and how of their food.

**Sustainable** - Patronize a farm that works with natural and biological processes: Farming practices that develop the long-term sustainability of land, animals, water quality, environment, and community.



# The Galen Bontrager Farm Story:

I grew up on a farm in rural Kalona. While my dad farmed only part time, it was enough to give me a real love and desire for farming full time. Since those growing up years I've been acquiring the necessary skills, knowledge, and equipment to make a farm run. The icing on the cake was an apprenticeship with Polyface, Inc., a world-renowned farm for ecologically sound, community based, and family friendly farming practices.

I seek to minister to the food needs of Iowa City and surrounding areas using these same farming practices. I've embarked on my own entrepreneurial farming saga, producing clean, healthy, and nutritious food that is so good it just jumps off the plate and slaps you in the face. I implement practices that restore land, environment, and community.

My goal is to create a farm that provides for people's needs in a way that is best for the land, animals, water quality, environment, producer, consumer, and community as a whole. My farm is the positive food alternative in a time when food quality is on the decline. You're always welcome here, and when you come I hope you can see firsthand my farm mission:

**To provide farm products that  
nurture our customers and  
enhance our community  
using farming practices that  
care for creation.**